

Benefits Senior Savings Guide

Introduction to Senior Discounts

Senior discounts are offered by numerous businesses across the U.S., providing savings on everything from groceries to travel. These discounts can significantly help seniors living on a fixed income. Many discounts start at age 50 or 55, while others are available for those 60 or older. Some discounts require membership in organizations like AARP.

Tips for Maximizing Senior Discounts

1. **Join AARP:** Membership offers access to numerous discounts on travel, dining, and more.
2. **Ask About Discounts:** Not all discounts are advertised, so it's crucial to ask about them.
3. **Check Local Stores:** Discounts can vary by location, so confirm with local stores.
4. **Use Discount Catalogs:** Websites like SeniorDiscounts.com list thousands of locations offering discounts.

Senior Discounts by Category

Retail Stores

Company	Discount	Eligibility
Amazon	50% off Prime Membership	Must be a recipient of SSI, SNAP, or other government assistance
Big Lots	10% off	Must be an active duty or retired military member
CVS.com	20% off and free shipping	Must be an active duty or retired military member or immediate family
Goodwill	10% – 25% off one day a week; day varies by location	Must be 55+
Home Depot	10% off	Must be an active duty or retired military member

Company	Discount	Eligibility
JOANN	20% off	Must be 55+; one day per month
Kohl's	15% off	Must be 60+; Wednesdays
Lowe's	10% off	Must be an active duty or retired military member
Michael's	10% off	Must be 55+
Ross Dress for Less	10% off every Tuesday	Must be 55+
Salvation Army	Up to 50% off on senior discount days (varies by location)	Must be 55+
Savers and Value Village	20-40% off	Must be 55+; varies by location
TJ Maxx	10% off on Mondays (varies by location)	Must be 55+
Walgreens	20% off eligible in-store merchandise on the first Tuesday of each month	Must be 55+ and have a Balance Rewards card

Restaurants

Company	Discount	Eligibility
Applebee's	10-15% off	Must be 60+
Arby's	10% off	Must be 55+
A&W	Varies by location	Must be 55+
Backyard Burger	20% off	Must be active duty military or veteran
Ben & Jerry's	10% off	Must be 60+
Bennigan's	10% off	Must be 60+

Company	Discount	Eligibility
Bob's Big Boy	Up to 15% off	Must be 60+
Bonefish Grill	10% off	Must be an AARP member
Boston Market	10% off	Must be 65+
Burger King	10% off	Must be 60+
Bubba Gump Shrimp	10% off	Must be an AARP member
Captain D's Seafood	\$5.49 meals on Wednesdays and Sundays	Must be 62+
Carrabba's Italian Grill	10% off	Must be an AARP member
Carrows Restaurants	Discounted "Golden 55" menu	Must be 55+
Chart House	10% off	Must be an AARP member
Chick-fil-A	10% off or a free small drink	Must be 55+
Chili's	10% off	Must be 55+
CiCi's Pizza	Discounts vary by individual restaurant	Must be 60+
Claim Jumper	10% off	Must be an AARP member
Corky's Homestyle Kitchen and Bakery	Discounted senior menu	Must be 55+
Country Kitchen	Light Fare Menu	No age requirements
Culvers Corner	10% off	Must be 60+
Dairy Queen	10% off	Must be 55+
Denny's	15% off; Discounted senior menu	Must be an AARP member for the discount; 55+ for the menu
Dunkin' Donuts	10% off or a free donut	Must be 55+

Company	Discount	Eligibility
Einstein's Bagels	10% off	Must be 60+
El Pollo Loco	10% off	Must be 60+
Fazoli's	Discounted senior menu	Must be 62+
Friendly's Restaurant	10% off meal	Must be 55+
Fuddrucker's	10% off any senior platter	Must be 55+
Gatti's Pizza	10% off	Must be 60+
Golden Corral	10% off	Must be 55+
Hardee's	Up to 10% off	Must be 50+
IHOP	Discounted senior menu	Must be 55+
Jack in the Box	Up to 20% off	Must be 55+
KFC	Free small drink with any meal	Must be 55+
Krispy Kreme	10% off or a free donut with the purchase of a coffee	Must be 50+
Landry's Seafood	10% off	Must be an AARP member
Long John Silver's	Discounts vary by location	Must be 55+
McCormick & Schmick's	10% off food and beverages (excluding alcohol)	Must be an AARP member
McDonald's	Discounts vary by location	Must be 55+
Mrs. Fields	10% off at participating locations	Must be 60+
The Oceanaire Seafood Room	10% off of food and beverages (excluding alcohol)	Must be an AARP member
Outback Steakhouse	10% off of food and beverages (excluding alcohol)	Must be an AARP member or veteran

Company	Discount	Eligibility
Papa John's Pizza	25% off online orders using code 25SAVE	Must be AMAC member 50+
Perkins Restaurant & Bakery	Discount menu for seniors	Must be 55+
Pollo Tropical	10% off	Must be 50+
Ponderosa Steak Houses	Discounted menu available for seniors	Must be 60+
Rainforest Cafe	10% off food and nonalcoholic beverages	Must be an AARP Member
Richie Roman's Barbecue	10% off	Must be 52+
SaltGrass Steakhouse	10% off food and nonalcoholic beverages	Must be an AARP Member
Shoney's of Knoxville	10% off	Must be a Golden Age Club member
Sizzler	Discounted "Honored Guest Menu"	Must be 60+
Sonic	10% off or free drink	Must be 60+
Steak 'n Shake	10% off food and nonalcoholic beverages	Must be an AARP member
Subway	10% off at participating locations	Must be 60+
Taco Bell	5% off or a free beverage	Must be 65+
TCBY	10% off	Must be 55+
Tea Room Cafe	10% off	Must be 50+
The Old Spaghetti Factory	Discounted senior menu	Must be 55+

Company	Discount	Eligibility
Traditions Restaurant (East TX)	Discounted senior menu	Must be 50+
Village Inn	10% off	Must be 60+
Waffle House	10% off every Monday (varies by location)	Must be 60+
Wendy's	Discounts vary by location	Must be 60+
Whataburger	Free small coffee or kid's size soft drink with any entrée purchase	Must be 55+ and ask for "Club55" discount
White Castle	10% off	Must be 62+

Travel and Leisure

- **AARP Travel Discounts: Up to 25% off car rentals and special hotel rates.**
- **American Airlines: Discounts for seniors 65 and older.**
- **Car Rental Companies: Many offer 20-30% discounts for seniors.**

Groceries

- **Some grocery stores offer senior discounts on specific days, typically 5-10% off.**
- **Check local stores for details.**

Healthcare

- **GoodRx Gold Senior Program: Offers exclusive pharmacy discounts with savings up to 90% on prescriptions.**

Conclusion

Senior discounts can significantly enhance the quality of life for older adults by providing savings across various sectors. Always check with local businesses for specific details, as discounts can vary by location. Joining organizations like AARP can also unlock additional savings opportunities.

Additional Resources

- **AARP Membership: Offers numerous discounts and resources for seniors.**

- **SeniorDiscounts.com:** Lists over 150,000 locations offering senior discounts.
- **National Council on Aging Benefits:** Provides information on money-saving programs for seniors.